

**SUICIDE IS PREVENTABLE.
MENTAL ILLNESS IS TREATABLE.
ADDICTION RECOVERY IS POSSIBLE.**

YOU ARE NOT ALONE!



SUICIDEPREVENTIONCOALITION.ORG

A program of



NEED PEER SUPPORT?

Self Help Drop-In Support Services

539 South Ave
Rochester, NY 14620
585-325-3145 x300
mharochester.org

Affinity Place

269 Alexander St
Rochester, NY 14607
585-563-7083
24/7 Warm Line: 585-563-7470
easthouse.org

Hope Place

1099 Jay St., Building P
Rochester NY 14611
585-325-3599
villaofhope.org

NEED ADDITIONAL RESOURCES?

NAMI Rochester

Committed to ending stigma and providing support to individuals and families affected by mental illness
585-423-1593
namiroc.org

American Foundation for Suicide Prevention

Dedicated to saving lives and bringing hope to those affected by suicide
585-202-2783
afsp.org

Bivona Child Advocacy Center

Experts in child abuse response, healing and prevention
585-935-7800
bivonacac.org

NEED IMMEDIATE ASSISTANCE?

211 Lifeline

211
211lifeline.org

Rochester Regional Health Behavioral Health Access and Crisis Center

585-368-3950
rochesterregional.org/bhacc

University of Rochester Medical Center

Monroe Mobile Crises Team
585-529-3721
urmc.rochester.edu

Out Alliance

Champions for LGBTQ+
life and culture
585-244-8640
outalliance.org

ROcovery Fitness

A supportive community of active individuals brought together by sober living
585-484-0234
rocoveryfitness.org

Veterans Outreach Center

Provides free programs + support for veterans
585-546-1081
veteransoutreachcenter.org

**IF YOU ARE IN CRISIS AND
NEED HELP NOW:**

**NATIONAL
SUICIDE
PREVENTION
LIFELINE™**
1-800-273-TALK (8255)
suicidepreventionlifeline.org

VETERANS: PRESS 1

**NATIONAL SUICIDE
PREVENTION**

TEXT: "GOT5" TO 741741

Stop The Stigma ROC

Promotes suicide prevention and raises awareness about mental health among youth
stopthestigmamroc.org

Family Access and Connection Team (FACT)

A strength-based assessment and referral program for families with children under 18 years old
585-753-2639

Children and Youth Single Point of Access (CY SPOA)

Facilitates community based services and residential treatment for children under 18 years old
585-753-2881