

## From the BHS Health Office

### 2019-2020 New York State Health Requirements for Vaccines

All students entering **9<sup>th</sup>** grade are required to have one dose of the Meningococcal Vaccine on file in the Health Office **PRIOR** to the first day of school.

- If your child had the first dose before 9<sup>th</sup> grade, then another dose is not required until 12<sup>th</sup> grade.

All students entering **12<sup>th</sup>** grade are required to have two doses of the Meningococcal Vaccine on file in the Health Office **PRIOR** to the first day of school.

- Most students entering 12<sup>th</sup> grade got their first dose when they were younger and are now due for their second dose, or booster. This booster is needed because protection from the vaccine decreases over time.
- A small number of teens who received two doses before their 16<sup>th</sup> birthday may need a third dose on or after their 16<sup>th</sup> birthday to enter 12<sup>th</sup> grade.
- The **only** teens who will not need a second dose before 12<sup>th</sup> grade are those who got their first dose on or after their 16<sup>th</sup> birthday.

**It's best to check with your doctor to see whether or not your child needs the vaccine.**

**Other common names for the Meningococcal vaccine are Menactra, Menveo, Menomune, and MenHibrix.**

Documentation can be faxed to the BHS Health Office at (585)242-7529 or mailed.

The Monroe County Health Department has an Immunization Clinic during the summer. Please call 585-753-5150 for times.

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### 2019-2020 New York State Health Requirements for Physicals

All new students, and students entering **9<sup>th</sup>** and **11<sup>th</sup>** grade are required by New York State to have an updated Physical Exam on file in the Health Office. The Physical can be dated from 9/1/2018 forward to current date. Please fax to 242-7529, mail, or bring to the health office.

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## **Reminder for Prescription Medications, OTC Medications, and Care Plans**

### **Prescription Medications**

If prescription medication is needed for a student while they are at school, it is required that they have a current medication order from their doctor for administration, as well as parental/guardian permission, and a parent/guardian must bring the medication in to the Health Office for the student.

For life-threatening conditions that require life-saving medications like inhalers, Epi-Pens, and insulin, the student may carry these medications in their backpacks in case they urgently need them, but **ONLY** with a doctor's order that they can self-carry and self-administer the medication.

### **Over-the-Counter Medications**

If you want your student to be able to receive over-the-counter medications during the school year for minor ailments, they will need a current order from their doctor listing the allowable medications (i.e. Tylenol, Motrin, ophthalmic solution, etc.) with a signature from the doctor as well as the parent/guardian. The Health Office has a standard form to use for this purpose.

### **Care Plans for Serious Medical Conditions**

Every new school year, the Health Office needs a new medical note from a doctor for any students with life-threatening or serious medical conditions, i.e. diabetes, asthma, epilepsy, cardiac conditions, etc. This might also include mental health conditions, regardless of whether the student takes medication at school.

It is imperative that the nurses at the high school know about these conditions, as it helps us keep your children healthy and safe. In addition, the Health Office sends out Emergency Care Plans to teachers to educate them on your child's condition. If there have been no changes and you would like to continue using the care plan that we have on file from the 2018-2019 school year, please let us know ASAP.

Any and all signed and completed forms can be faxed to the Health Office at (585)242-7529, mailed, or brought in to the school nurses.

**Kate Valdez, RN**

**Janet Fitzpatrick, RN**

**Martha Bottoni, RN**

**(585)242-5000 ext. 4515**