

FRES Health and Medication Guidelines

If your student requires medication (either prescription or over-the-counter) at school, this medication must be brought to the health office by a parent or adult. The medication must be clearly labeled, with directions, and in its original container from the pharmacy. As required by law, written permission to take specific medications must be provided by both the health care provider and the parent/guardian. Students are **not** permitted to transport medications to and from school.

If you have any questions or concerns about medications, please contact the Health Office at 242-5140 ext. 2515 or 2516. If your child has other health care concerns you would like to discuss with a nurse prior to the start of school, again, please call the Health Office.

Physical exams are mandated by NY State for all 3rd and 5th grade students, and for all students new to the Brighton school District. This physical can be done anytime within twelve (12) months prior to the commencement of the school year of. After your child's physical is completed, please forward a copy of the health appraisal form to the health office. This will allow us to update your child's health record. The copy may be sent in via your student, mailed, or faxed at 242-5156. **The school nurse's office welcomes a physical form on any child.** It helps keep your child's health record accurate and up-to-date. Anytime your child has a physical, please forward a copy of the health appraisal form to the health office.

It is also recommended that an acknowledgement of a dental exam be forwarded to the Health office.