

To: Dr. Kevin McGowan
From: Nate Merritt *NM*
Date: August 13, 2018
Re: Cross Country Overnight Trip

I am recommending approval of a select few members of the cross country team travel to New York, NY for the Manhattan Cross Country Invite. The kids selected to go have already been pre-qualified based on times. The meet is 10/13, with travel days on 10/12 and 10/14. The team and coaches will be using a chartered bus through BCSD and BusBank Charters to get there and back.

Brian Matthews our Varsity Cross Country Coach has met all requirements for an overnight trip. Coach Matthews and Coach Shannon Times will be traveling with the team. The attachment includes all details.

NM/kk

c.c. Tom Hall
Brian Matthews

Brighton Cross Country

Manhattan Cross Country Invitational Weekend Trip

Congratulations on your selection for this year's Manhattan Invitational team. The following are the important details/expectations/requirements of the trip:

1. **Overnight trip** to the Manhattan Cross Country Invitational Van Cortland Park, New York City
2. **Type of Trip:** Athletic contest for the Varsity Boys' and Girls' XC Team
3. **Date of Contest:** Saturday October 13th (travel on Friday 10/12 and return on 10/14). *Due to travel, student will be excused from class on Friday the 12th. A list will be provided to the athletic office to submit to the attendance office. You will not need to call in your athlete.
4. **Destination:** Van Cortland Park in New York City. Overnight stay @ Doral Arrowwood Resort, Address: 975 Anderson Hill Rd, Rye Brook, NY 10573 Phone: (844) 214-5500
5. **Rooms:** There will be 8 rooms for athletes (4 for boys, 4 for girls) with 4 athletes per room.
6. **Purpose:** To race against high level competition from the multi-state region that surrounds NYC and build a Federation Meet resume.
7. **Student Participants:** 32 members of the Varsity Boys and Varsity Girls Cross Country teams
8. **Supervising Adults:** Varsity Boys/Girls Cross Country Coach Brian Matthews; Assistant Coaches Shannon Times and Mike Bradley and parent chaperones
9. **Transportation Arrangements:** BusBank Charters, vetted by BCSD Transportation Director.
10. **Financial Arrangements:** Trip will cost each athlete **\$250** which will cover transportation, lodging and gratuities. Please make out checks to "Brighton Runners Boosters". Payment due by **October 8th**, but will also be accepted earlier. **If an athlete is invited but the cost of the trip proves to be a financial burden, please contact Coach Matthews to discuss arrangements**
11. **Food:** athletes are responsible for paying for their own meals. Suggested amount is \$10 for lunch (x3) and \$15 for dinner (x3). There is a continental breakfast provided at the hotel on Saturday and Sunday mornings. Additionally, it is recommended that each athlete bring water, sports drink and/snacks, as well as anything else they may need to keep their normal dietary needs.
12. **Parent approval document** due by **Monday October 1st** at the latest, but is requested as early as possible.
13. **Coach contact Information:**

Brian Matthews: 303-807-3942	brianbmatthews@hotmail.com
Shannon Times: 585-506-5423	timestf@gmail.com
14. **Race Website:** <http://manhattanxcinvitational.com/>

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Friday October 12

7:30am	Bus departs from BIIS parking lot
12:00pm	Lunch
2:00pm	Arrive at VanCortlandt Park (222 Street and Broadway, Bronx) and tour the course
3:30pm	Depart Van Cortlandt park
4:15pm	Arrive at hotel (Doral Arowwood)
6:00pm	Dinner
10:00pm	Lights out/bed check

Saturday October 13

7:30am	Breakfast at hotel
8:30am	Leave for VanCortlandt Park (all day races-race schedule not yet assigned)
5:30pm	Leave for NYC: walking tour Manhattan, Times Square, Rockefeller Center, and Empire State Bldg.
10:00pm	Pick-up at Empire State Bldg. And return to hotel
11:30pm	Lights out/Bed check

Sunday October 14

7:30am	Breakfast at hotel
8:30am	Leave for Central Park tour
10:30am	Brunch in Manhattan
1:00 pm	Depart for home
5:00 pm	Dinner en route
7:00pm	Arrive at BHS

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Athlete Permission Form

I give my consent for my child to attend the cross country trip to Van Cortlandt Park from 10/12/18-10/14/18. It is understood that athletes will miss one day of classes and will be responsible for making up any work missed. Additionally, it is understood that all athletes are expected to abide by the district code of conduct while representing Brighton High School during this trip.

Parent name _____ Parent signature _____

Athlete name _____ Athlete signature _____

Below, please comment with any special information that the coaches may need to know to ensure that the trip is a successful one for your athlete(s).

Room request: Please write the name of up to 2 athletes with whom you would like to room. We will attempt to honor these requests, though no guarantees can be made. Note that there will be 4 athletes per room.

1. _____

2. _____

Please return this page to your coaches on or before 10/01/18