

# Brighton Physical Education, Health and Athletics 2018-2019



# Physical Education

- K-12 Assessment Plan
- Program Review
- Professional Development
- New Programs



# Health

- Mindfulness
- Mental Health
- 10<sup>th</sup> Grade Guest Speakers
- Program Alignment



## Spring 2018 Athletics



- 412 Student/Athletes Grades 9-12
- 217 Student/Athletes Grades 7-8
- 6 Scholar Athlete Teams
  - Boys Tennis, Softball, Golf, Girls Lacrosse, Boys and Girls Track and Field





- Spring 2018 Highlights

- Girls Lacrosse- 2018 Class B Sectional Champions and NYSPHSAA State Runner-up
- Boys Tennis- 2018 Class B Sectional Champions
- Girls Track and Field- 2018 Class B Sectional Champions



## Fall 2018 Athletics



### \*Participation

- 482 Student/Athletes Grades 9-12
- 231 Student/Athletes Grades 7-8
- 8 Scholar Athlete Team
  - Boys and Girls Cross Country, Girls Swim, Girls Tennis, Field Hockey, Boy Volleyball, Girls Volleyball and Girls Soccer



### Fall 2018 Highlights

- Boys Soccer- 2018 Class A Sectional Champions
  - State Semi-Finalist
- Girls Swimming and Diving- 2018 Class B Sectional Champions
- Girls Tennis- 2018 Class B Sectional Champions
- Hannah Butler- 2018 NYSPHSAA Female Diving State Champion

## Winter 2018-2019



### Winter Highlights


- Teacher Appreciation Nights
- Off-Season Athlete Training Program
  - Athletes Grades 7-12 all utilizing our Fitness Center
  - Gain Strength and Avoid Injury





NEW  
2018-2019





## Moving Forward.....

- Student/Athlete Leadership Program
- Partnership with Special Olympics for a K-12 Program
- Health and Physical Education
  - Continued work on curriculum development and assessment work K-12