



2018-2019 Brighton
Central School District
Physical Education
Program Review



New York State Physical Education Learning Standards

Standard #1

- Personal Health and Fitness

Standard #2

- Safe and Healthy Environment

Standard #3

- Resource Management

Curriculum Work

- Previous 2 summers Physical Education teachers have worked to align curriculum from Grades K-12
- Continue to work on our Curriculum maps and how they relate to our state and national standards for physical education.

What is important to us.....

- Look at K-12 Program strengths
 - See how we can improve
- Identify Areas that need improvement
 - Areas that would need more time
 - Gather Data Points from stakeholders
- How to we go about improving certain areas?
 - Making a plan for the future.

Focus: Data Points Used

- Physical Education Survey for Brighton Parents with kids in Grades K-5
- Student Survey for male and female athletes in both Middle School and High School.
- Study of best practice at higher education institutions.

* All data points were specifically targeted topics in which we were seeking improvement.

Recommendations

K-12 Recommendations

1. Explore ways to increase activity time for all of our students.
 - * 1 in 3 students in the United States classified as obese.
 - * Not just more class time but how to increase movement during the day.
 - * 98.8% of parents thought daily movement was important.
2. Increase Fitness Levels of all of our students.
 - * Gather baselines, targets and future goals.
 - * Lifetime skills for long-term health

Grades K-5 Recommendations

K-5 Recommendations

1. Continue to develop ways to utilize technology in an effective manner in physical education.
 - * Over 60% of our parents did not know that we utilized technology within the content area.
2. Develop the most effective way to communicate with families.
3. Work on making our assessment consistent with what is reported on student report cards.
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Grades 6-12 Recommendations

6-12 Recommendations

1. Explore what is the best situation for students changing for PE that allows the student to be successful.
2. Explore what Co-Educational classes looks like at both the middle school and high school levels.

Continued work.....

- Each year we will continue to look at curriculum and see how effective it was and what adjustments need to be made moving into future years.
- Continue to get physical education specific professional development that we will bring back to the classrooms.
- Continue to take try new things as educators!