

**BHS**



## Hall's Corner

December 20, 2019

**HAPPY NEW YEAR!**

**Have a safe and restful vacation!**

**REMINDER**

**We only have two weeks left in the 2<sup>nd</sup> Quarter!**

**Please talk to your student(s) about how they are doing, check the portal, and contact teachers if you have questions.**

**Midterms begin on Jan. 21, 2020. Quarter 3 and Second Semester begin on Jan. 27, 2020!**

### **Brighton Believes**

Integrity, Respect, Responsibility, Kindness, and Self-control

BHS believes that everyone has the right to attend school in an environment that is safe, welcoming, caring, professional, and free from harassment.

**Topics this week**

- **VAPING UPDATE – NEW research from the U of R!!!! Please read!**
  - **Chemicals in Vaping Flavors Cause Widespread Damage to Lung Tissue - Newsroom - University of Rochester Medical Center**
- **Students in the News – Check this out!**
- **PTSA GUEST SPEAKER at the PTSA MONTHLY MEETING IN JANUARY**
- **Literary Awards Contest – submit your fiction, non-fiction, and poetry!**
  - The Alice B. Wilson Literary Awards Contest – check out the information in Hall’s Corner!
- **YOUTH MENTAL HEALTH FIRST AID COURSE – Check this out!**
- **Counseling News**
  - College Visits for next week
- **JANUARY EXAM SCHEDULE**
  - **JANUARY 2020 EXAM SCHEDULE for 1/21 – 1/24**
  - [Check out this link and plan ahead!](#)
- **Peak Experience Opportunity—Summer 2020**
- **Athletic News**
- **Calendar of Future Events – check this out for December!**

### **VAPING UPDATE**

#### **Chemicals in Vaping Flavors Cause Widespread Damage to Lung Tissue - Newsroom - University of Rochester Medical Center**

- New research appearing in the journal Scientific Reports unpacks the list of chemicals that comprise flavored e-liquids and pods used in vaping and details their harmful effects to lung tissue, including inflammation and genetic damage that could indicate long-term risk for respiratory disease. [Click here for more information.](#)

<b>Date</b>	<b>Event</b>	<b>Time</b>
December 23- January 6	Holiday Recess (School Closed—Resumes Monday, Jan. 6, 2020!	
January 9	BHS Visual Art Show Opening and Portfolio Show, Library Foyer	6:30 to 8:30 p.m.
January 14	BHS Cocoa and Cram	5:30 to 7 p.m.
January 14	BHS Art of Acting Show, TCMS Auditorium	7 p.m.
January 15	BHS and TCMS Pizza and Jazz, FRES Cafeteria	6 p.m.
January 16	BHS College and Career Night	6 to 9 p.m.
January 20	Martin Luther King Jr. Day (School Closed)	
January 21-24	MIDTERM EXAMS	ALL WEEK!
January 24	BHS Second Marking Period Ends	
January 25	BHS Snow Ball	7 to 9 p.m. BHS
January 29	BHS PTSA Meeting with Principal	Noon & 7 p.m.

### **STUDENTS IN THE NEWS**

### **KUDOS to the BHS LEAGUE OF LEGENDS TEAM!**

Brighton's League of Legends team is currently No. 1 in the state with a 10-0 record. The last game of the regular season was earlier this week. YOU MAKE BHS PROUD!

### **KUDOS TO THE BHS MASTERMINDS TEAM**

Brighton's MasterMinds team had a rematch against Pittsford Mendon and defeated them 360 to 130. The leading scorers were **Henry Berger, Daniel Mao, and Claire Chambers**. Our record is currently 4-2! YOU MAKE BHS PROUD!

### **PTSA GUEST SPEAKER at the PTSA MONTHLY MEETING IN JANUARY**

The PTSA is hosting a guest speaker at their January meeting. [Click here for key details!](#)

### **LITERARY AWARDS CONTEST**

The Alice B. Wilson Literary Awards Contest, now in its 47<sup>th</sup> year, began Dec. 1 and runs through Feb. 16, 2020. Student writers, please enter your fiction, non-fiction, and/or poetry! Information is also available at [www.brightonlibrary.org](http://www.brightonlibrary.org). If you have any questions, contact Deena Viviani at the Brighton Memorial Library at [deena.viviani@libraryweb.org](mailto:deena.viviani@libraryweb.org) or call 585-784-5342.

### **YOUTH MENTAL HEALTH FIRST AID COURSE!**

Brighton Community Education, in conjunction with the Brighton Teacher Center, is hosting a course in Youth Mental Health First Aid. The course meets for 4 Thursday evenings in January. Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This 8-hour training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care. Please click here to view a flyer. Registration is available at <https://brightonschools.revtrak.net>.

### **Upcoming Opportunity: Peak Experience Adventure in Gunnison National Forest, Colorado**

This summer, from July 7 through July 17, 2020, BHS students will have an opportunity to travel to Gunnison National Forest in Colorado for an eight-day adventure. Over the course of the trip, students will white water raft, rock climb, participate in low and high ropes course activities, and backpack. Ropes course activities include zip lines, power poles, repelling, and “The Screamer.” The three-day backpack traverses through the Gunnison National Forest where we will climb mountains over 13,000 feet high. Weather permitting, one of our peak ascents will be at dawn, which is a truly amazing experience. Current eighth graders through juniors are eligible for the trip, and spots are limited. If you are interested in joining the group, and would like more information on the activities and cost of the trip, please contact Jamie Porta (the Outdoor Club advisor) at [jamie\\_porta@bcsd.org](mailto:jamie_porta@bcsd.org).

### **ATHLETIC NEWS**

For the latest student athletic news, honors and achievements, and recertification dates for winter sports, please visit the [athletic webpage](#).



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Visit [bcisd.org](http://bcisd.org) for more information.