

DRUGS

DRUG MISUSE AND ABUSE



OBJECTIVES

- **explain** the difference between drug misuse and drug abuse.
- **identify** the risks of drug abuse.
- **develop** strategies for making healthful choices about taking medicines.

DRUG USE

All medicines are **drugs**, but not all drugs are medicines.

drug A substance other than food that changes the structure or function of the body or mind



TYPES OF MEDICINES

PRESCRIPTION MEDICINES

prescription medicines Medicines that can be sold only with a written order from a physician



TYPES OF MEDICINES

OVER THE COUNTER MEDICINES

over-the-counter medicines Medicines that are safe enough to be taken without a written order from a physician



DRUG MISUSE

drug misuse Taking or using medicine in a way that is not intended

Drug misuse can happen with prescription medicines and over-the-counter medicines.



WHAT IS DRUG MISUSE

Using a drug without following the instructions on the label

Using a drug not prescribed for you

Allowing someone else to use a drug prescribed for you

Taking more of the drug than the doctor prescribed

Using the drug longer than advised by the doctor

SIDE EFFECTS

Even when taken correctly, some medicines will cause a **side effect**.

side effect Any effect of a medicine other than the one intended

Common Side Effects

Stomach
upset

Drowsiness

Sleeplessness

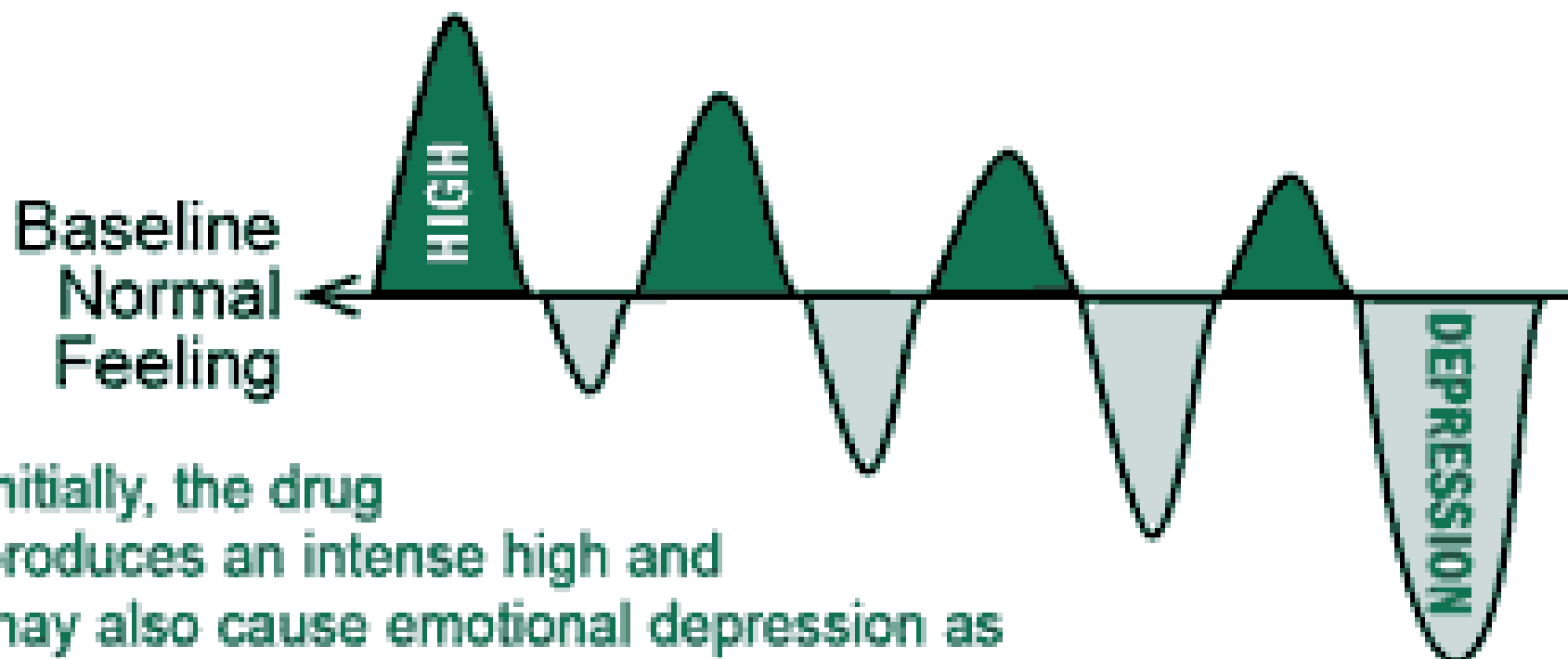
Headache

TOLERANCE

When a physician prescribes a medicine that must be taken for a long period of time, a **tolerance** may develop.

tolerance A condition in which a person's body becomes used to the effect of a medicine and needs greater and greater amounts of it in order for it to be effective

PROGRESSIVE DRUG TOLERANCE



Initially, the drug produces an intense high and may also cause emotional depression as the drug wears off. The user may conclude that the drug is harmless. With repeated use, a craving and a tolerance develop simultaneously. Over time, the addict ends up chasing a high by taking increased amounts of the drug more frequently to compensate for increased depression. When the supply is gone, the addict has an intense craving along with severe depression that may reach suicidal level.

DRUG ABUSE

drug abuse Intentionally using drugs in a way that is unhealthy or illegal

USING ILLEGAL DRUGS

USING LEGAL DRUGS FOR NON MEDICAL REASONS

ADDICTION

REGULAR DRUG USE

TOLERANCE

ADDICTION

