

# Blue Print 2017



## Summary of Work Completed

- ▶ Begin creating an environment that better recognizes and address social/emotional wellness.
- ▶ Provide a community engaged resource to support current and future Character Education programming.
- ▶ Improve our ability to identify the needs of transfer students and program accordingly.

# Transfer Process Overview

- ▶ Register at Central Office/Building Level
- ▶ Screening
- ▶ Schedule/Classroom
- ▶ Student Buddy
- ▶ Building level review within two weeks
- ▶ Call to family within two weeks
- ▶ Two more contacts made to family
- ▶ New Family Reception in January
- ▶ New Student Groups
- ▶ Contact end of week 1 and every 5 weeks for first semester and every two weeks till the one year anniversary of enrollment.

# K-12 Mental Health Program Review

Shift focus from crisis management to Tier I and Tier II behavioral and social/emotional interventions.

# Wellness Committee Initiatives

This year's Wellness Committee broke into three subgroups based on the work done in 2015-16 to update our policies and procedures (due to changes in NYS regulations on nutrition in schools):

1. Mental Health - Brighton breathes
2. Physical - Brighton moves
3. Nutrition - Brighton supports healthy food choices

# Enhanced Character Education Programs in Partnership with the Family Support Center and Brighton Believes Council

- ▶ Family Support Center offerings will focus on Mental Health and Well-Being:
  - ▶ Mindfulness/Stress Management Workshops
  - ▶ NAMI: Parents and Teachers as Allies and Ending the Silence
  - ▶ Digital Parenting

# Brighton Breathes

## ▶ 1. Rationale

- ▶ a. Feedback from faculty and students, K-12, is that there is an increase in anxiety and anxiety-related behaviors in all four of our buildings.
- ▶ b. Committee discussed possible intervention(s) that we can model and teach throughout the district
- ▶ c. Prioritize and make it purposeful

## 2. Breathing - Model it

- 2. a. Faculty and Administration
- 3. b. Students
- 4. c. Community

# Brighton Moves

## ► Rationale:

1. Look at our current curriculum K-12 and see how we can expand that both internally and externally with the community.
  - Look at our program K-12 to see what has been successful.
  - Look for areas that could be improved upon.
  - How does our curriculum reach the community?

## Brighton Moves.....

1. Students experience during the school day.
2. Family involvement with what student is doing in school.
  - Communication and activity suggestions
3. Community Involvement
  - Communication and involvement with programs



# Brighton Supports Healthy Food Choices

Feeding Our Bodies, Fueling Our Future

- ❖ Offer a quick and easy map to healthy/balanced food based classroom celebrations and options for non food based celebrations.
  - ❖ Packets will be given to CRPS and FRES teachers at the beginning of the year with a road map to hosting a food tasting party.
  - ❖ A list of non-food based options for celebrations will be added to the packet.
- ❖ Fun Food Fridays and Tasty Tuesdays
  - ❖ Food Services will work with the PTSA to create a program that is streamlined for consistency, offers educational aspects, provides a take home document.
  - ❖ Create a two year cycle menu for each school
  - ❖ Provide an easier transition from one year to the next for the new chairperson
  - ❖ Work toward adding an age appropriate program at TCMS.
- ❖ Work with Excellus to offer building level wellness committees access to program opportunities for faculty and staff. Excellus has developed programs that are ready for building committees to roll out.



**Healthy Kids  
Learn Better**