

969 Students took the Survey in May

			1-2 hours	3-4 hours	4-5 hours	5-6 hours	7-8 hours	Over 8 hours			
46) On average, how many hours of sleep do you get per night during a typical week of school with normal school activities and classes?			3%	6%	14%	35%	35%	6%			
	<30 min	30-60 min	1.0-1.5 hours	1.5-2.0 hours	2.0-2.5 hours	2.5-3.0 hours	3.0-3.5 hours	3.5-4.0 hours	Over 4 hours		
47) On average, how many hours of homework do you have per night during a typical week of school?			7%	11%	17%	16%	13%	11%	10%	6%	7%
							Yes	No			
48) I use my school email.							65%	33%			
						Yes	No	Not sure			
49) I know what the Dignity for All Students Act (DASA) is.							48%	24%	25%		
						Yes	No	Not sure			
50) I know what this statement means – “Pause Before You Post.”							89%	5%	4%		
	7:40-2:47 pm (current times)		8:15-3:22 pm		8:30-3:37 pm		9:00-4:07 pm				
51) If you could change the school start times, what option would you choose?			45%		28%		18%		6%		
Extracurricular Activities and Opportunities											
							Yes	No			
52) I participate in at least one school-based club , extracurricular performing group, co-curricular group, visual/performing arts club, AND/OR athletic sports team activity.							76%	22%			
						Yes	No				
53) I participate in a Non-competitive Club/Activity (ie – Clubs like Mosaic Club, FOR, Student Council, Ceramics, JSU, BSU, MSU, French Club or others. Etc.)							45%	52%			

	Yes	No
54) I participate in a Competitive Club (ie – Clubs like Math Team, Science Olympiad, Model UN, Debate, Chess or others, etc)	26%	71%
	Yes	No
55) I participate in a Musical or Performing Group.	40%	57%
	Yes	No
56) I participate on an Athletic Team(s)	58%	39%
	Yes	No
57) I participate in a non-school outside activity (club sports outside of school, performing groups, dance/music lessons, scouts, etc)	66%	32%