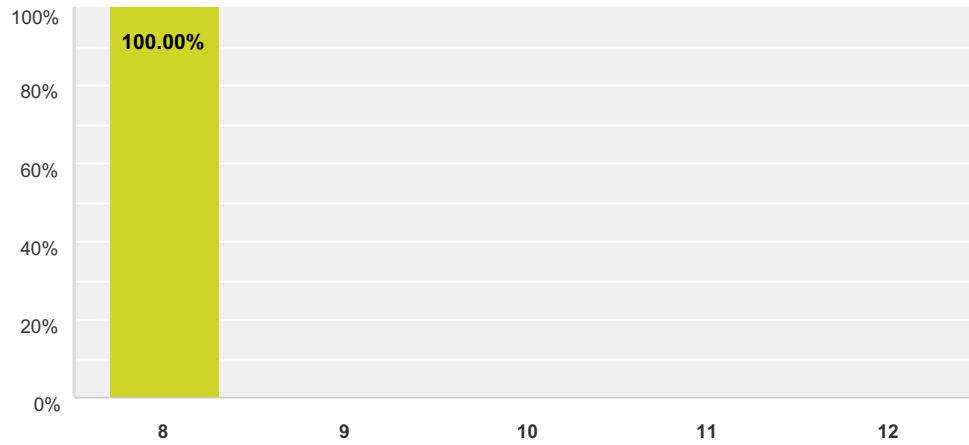


Q1 What grade are currently you in?

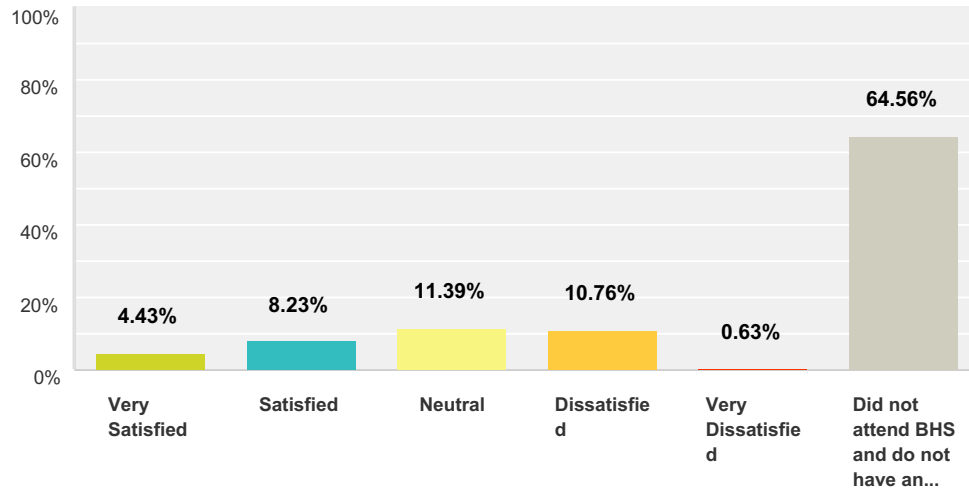
Answered: 163 Skipped: 2



Answer Choices	Responses
8	100.00% 163
9	0.00% 0
10	0.00% 0
11	0.00% 0
12	0.00% 0
Total	163

Q2 Thinking back on your experience in Brighton schools, please tell us how satisfied you are with the current school start and end times of 7:40 AM and 2:47 PM at Brighton High School

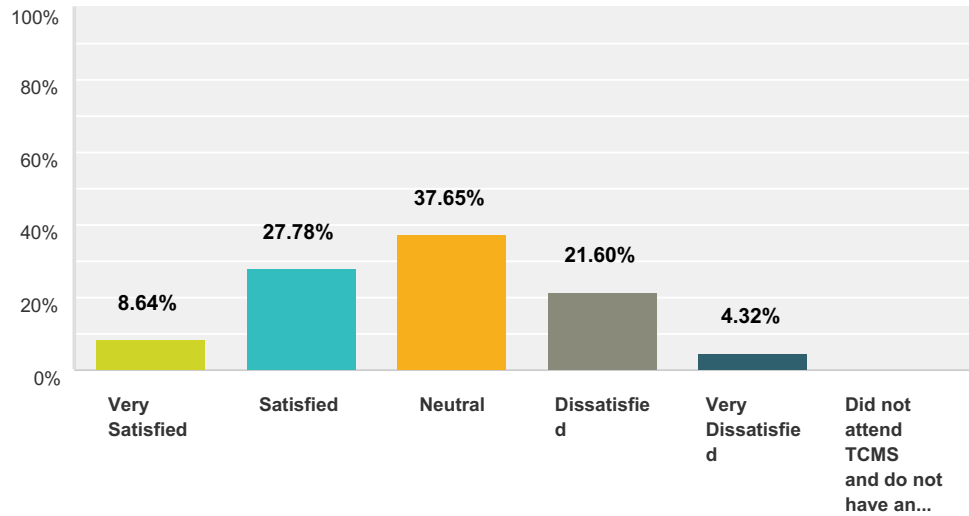
Answered: 158 Skipped: 7



Answer Choices	Responses
Very Satisfied	4.43% 7
Satisfied	8.23% 13
Neutral	11.39% 18
Dissatisfied	10.76% 17
Very Dissatisfied	0.63% 1
Did not attend BHS and do not have an opinion	64.56% 102
Total	158

Q3 Please tell us how satisfied you are with the current school start and end times of 7:45 AM and 2:39 PM at Twelve Corners Middle School:

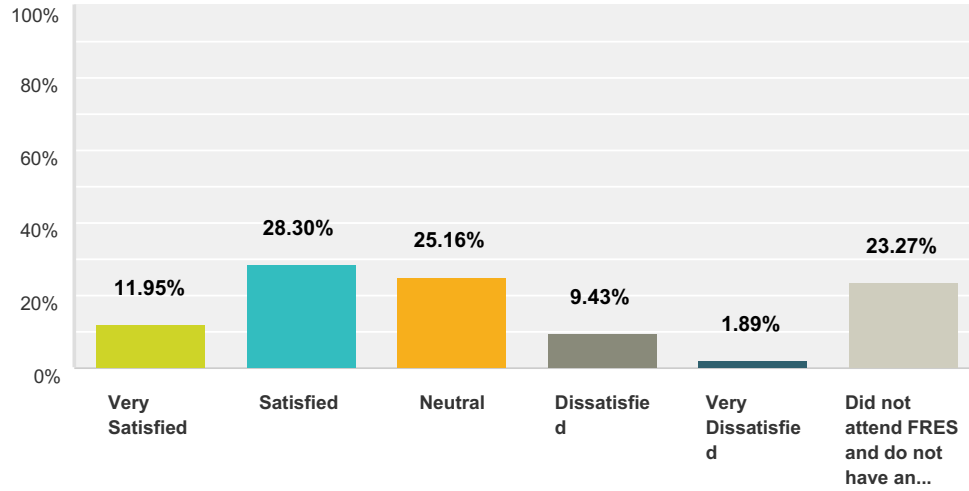
Answered: 162 Skipped: 3



Answer Choices	Responses
Very Satisfied	8.64% 14
Satisfied	27.78% 45
Neutral	37.65% 61
Dissatisfied	21.60% 35
Very Dissatisfied	4.32% 7
Did not attend TCMS and do not have an opinion	0.00% 0
Total	162

Q4 Please tell us how satisfied you are with the current school start and end times of 9:00 AM and 3:30 PM at French Road Elementary School:

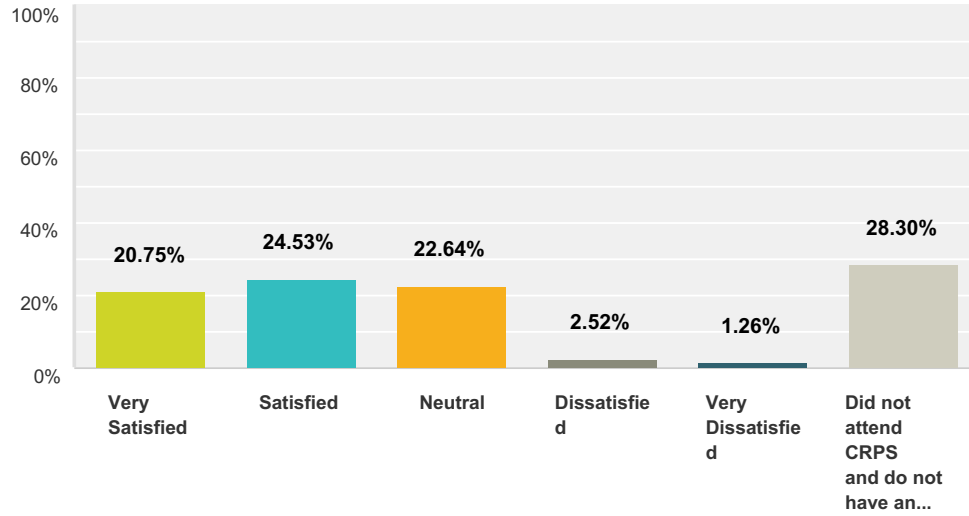
Answered: 159 Skipped: 6



Answer Choices	Responses	
Very Satisfied	11.95%	19
Satisfied	28.30%	45
Neutral	25.16%	40
Dissatisfied	9.43%	15
Very Dissatisfied	1.89%	3
Did not attend FRES and do not have an opinion	23.27%	37
Total		159

Q5 Please tell us how satisfied you are with the current school start and end times of 8:15 AM and 2:45 PM at Council Rock Primary School:

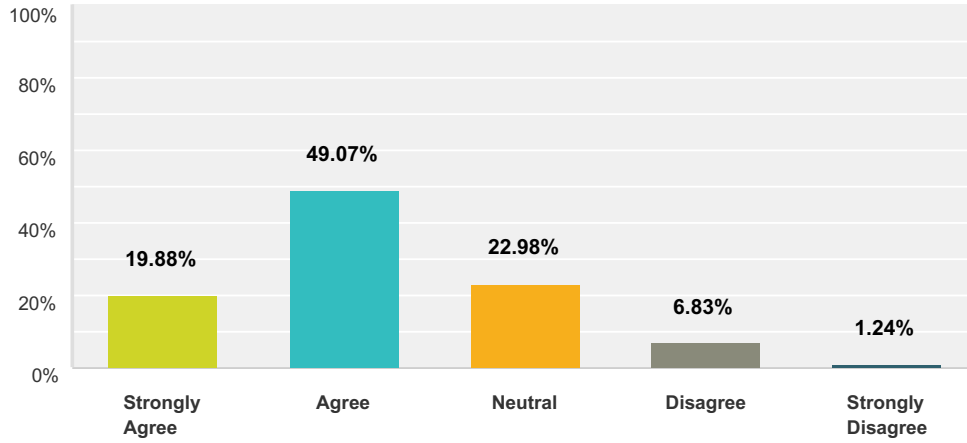
Answered: 159 Skipped: 6



Answer Choices	Responses	
Very Satisfied	20.75%	33
Satisfied	24.53%	39
Neutral	22.64%	36
Dissatisfied	2.52%	4
Very Dissatisfied	1.26%	2
Did not attend CRPS and do not have an opinion	28.30%	45
Total		159

Q6 Current start and end times at your school provide you with enough time for academic support prior to the start of extracurricular activities (e.g. sports, clubs, music and arts programs, etc.):

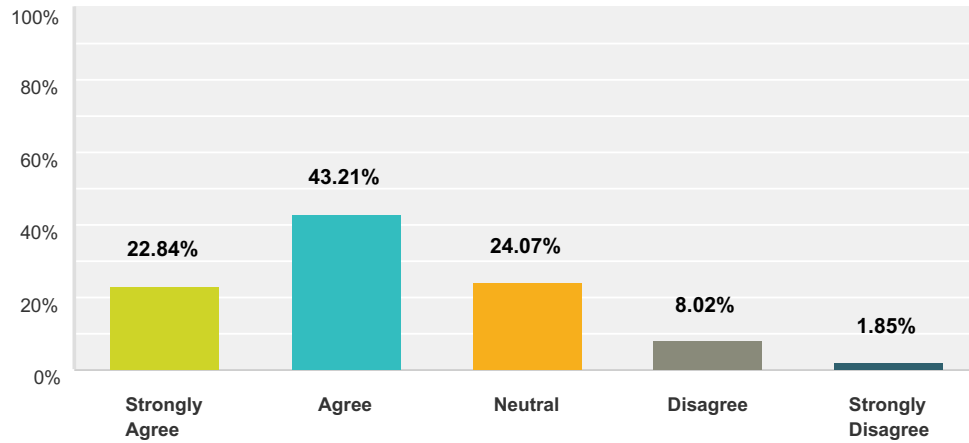
Answered: 161 Skipped: 4



Answer Choices	Responses	
Strongly Agree	19.88%	32
Agree	49.07%	79
Neutral	22.98%	37
Disagree	6.83%	11
Strongly Disagree	1.24%	2
Total		161

Q7 Current start and end times at your school allow you to participate in multiple activities (e.g. clubs, school sports, music and arts programs, non-school activities, etc.):

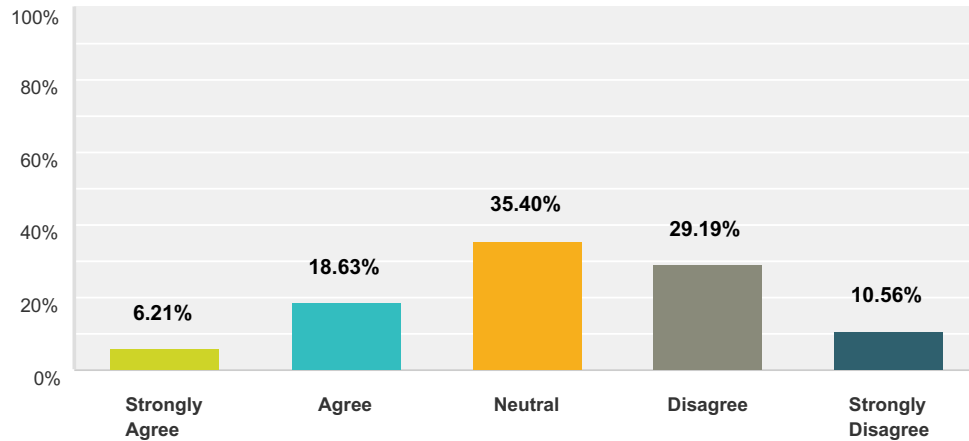
Answered: 162 Skipped: 3



Answer Choices	Responses	
Strongly Agree	22.84%	37
Agree	43.21%	70
Neutral	24.07%	39
Disagree	8.02%	13
Strongly Disagree	1.85%	3
Total		162

Q8 Current start and end times at your school contribute positively to your academic performance in the first two periods of the school day:

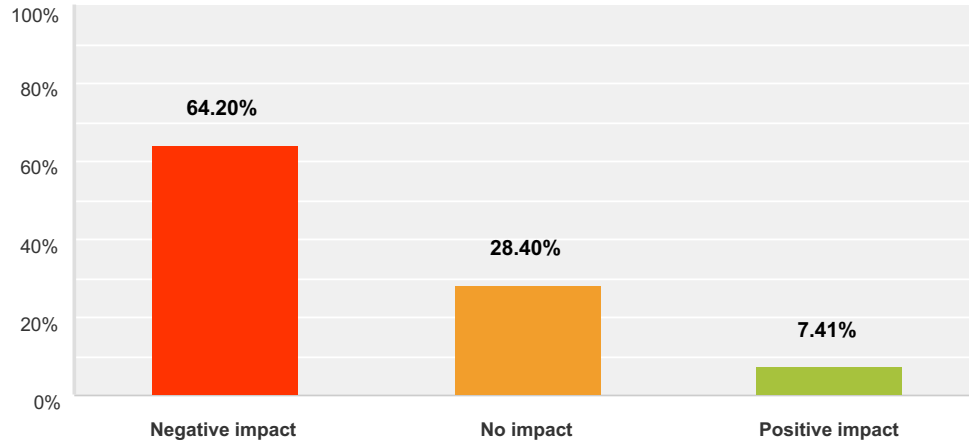
Answered: 161 Skipped: 4



Answer Choices	Responses	
Strongly Agree	6.21%	10
Agree	18.63%	30
Neutral	35.40%	57
Disagree	29.19%	47
Strongly Disagree	10.56%	17
Total		161

Q9 The current school start time at your building has what kind of impact on the quality of sleep you get:

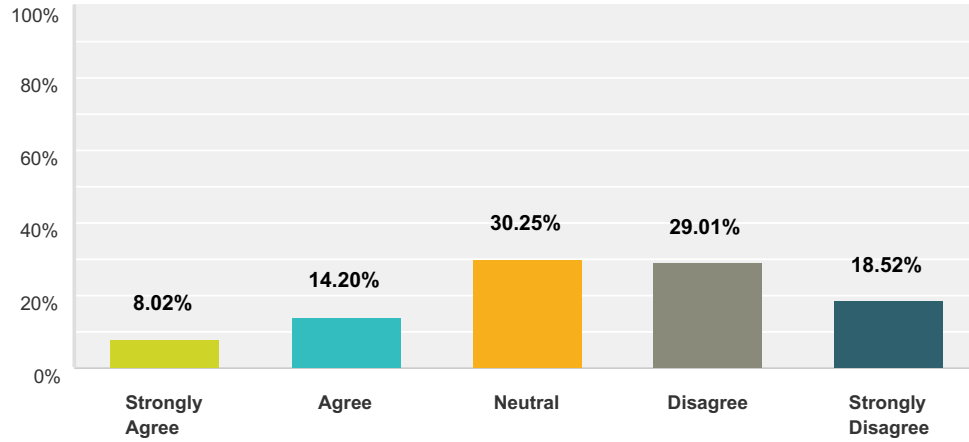
Answered: 162 Skipped: 3



Answer Choices	Responses	
Negative impact	64.20%	104
No impact	28.40%	46
Positive impact	7.41%	12
Total		162

Q10 The current start time of the school day at your building positively impacts your stress level in the morning (Ability to be productive in the morning):

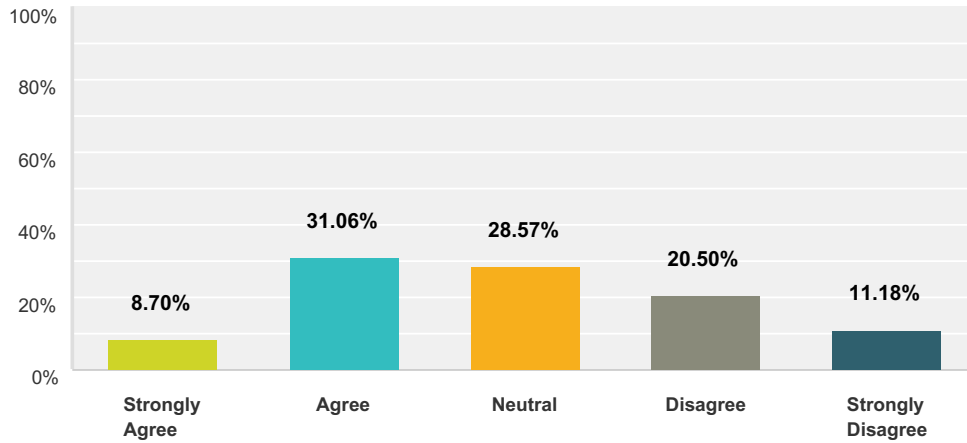
Answered: 162 Skipped: 3



Answer Choices	Responses	
Strongly Agree	8.02%	13
Agree	14.20%	23
Neutral	30.25%	49
Disagree	29.01%	47
Strongly Disagree	18.52%	30
Total		162

Q11 If your school day started at 8:15 AM and ended at 3:22 PM, would that provide you with enough time for academic support prior to the start of extracurricular activities (e.g. sports, clubs, music and arts programs, etc.)?

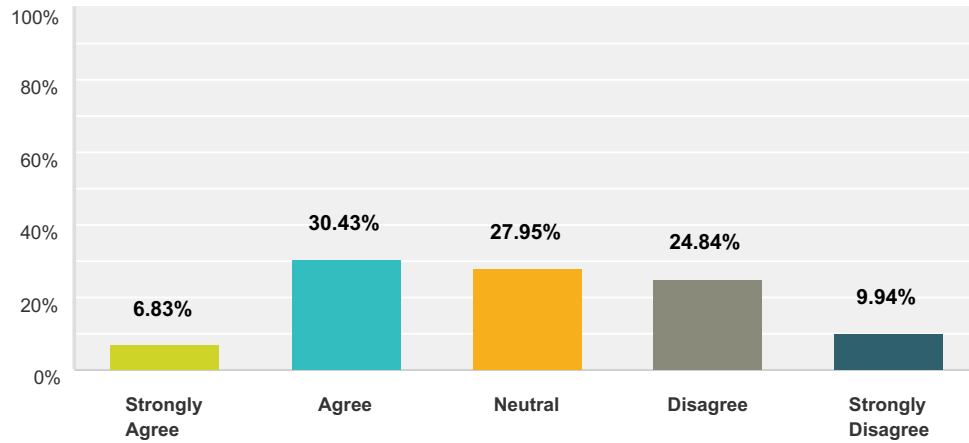
Answered: 161 Skipped: 4



Answer Choices	Responses	Count
Strongly Agree	8.70%	14
Agree	31.06%	50
Neutral	28.57%	46
Disagree	20.50%	33
Strongly Disagree	11.18%	18
Total		161

Q12 If your school day started at 8:15 AM and ended at 3:22 PM, would that allow you to participate in multiple activities (e.g. clubs, school sports, music and arts programs, non-school activities, etc.)?

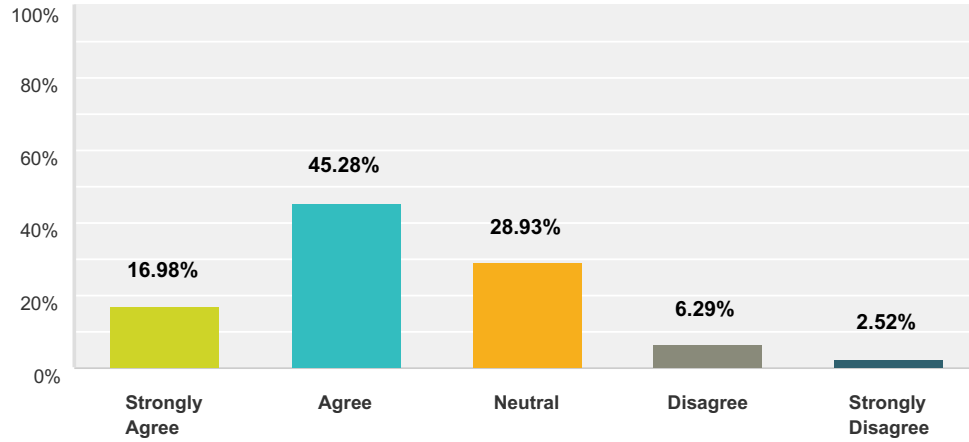
Answered: 161 Skipped: 4



Answer Choices	Responses	
Strongly Agree	6.83%	11
Agree	30.43%	49
Neutral	27.95%	45
Disagree	24.84%	40
Strongly Disagree	9.94%	16
Total		161

Q13 If your school day started at 8:15 AM and ended at 3:22 PM, would that contribute positively to your academic performance in the first two periods of the school day?

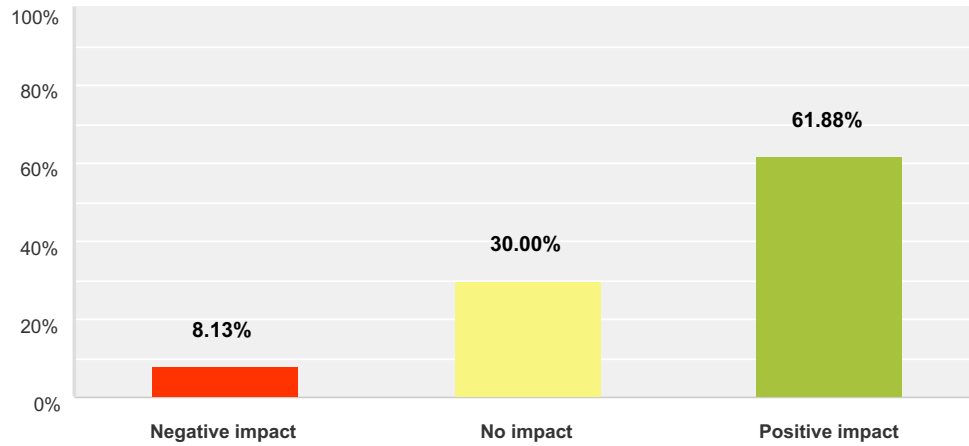
Answered: 159 Skipped: 6



Answer Choices	Responses	
Strongly Agree	16.98%	27
Agree	45.28%	72
Neutral	28.93%	46
Disagree	6.29%	10
Strongly Disagree	2.52%	4
Total		159

Q14 If your school day started at 8:15 AM and ended at 3:22 PM, what kind of impact would that have on the quality of sleep you would get:

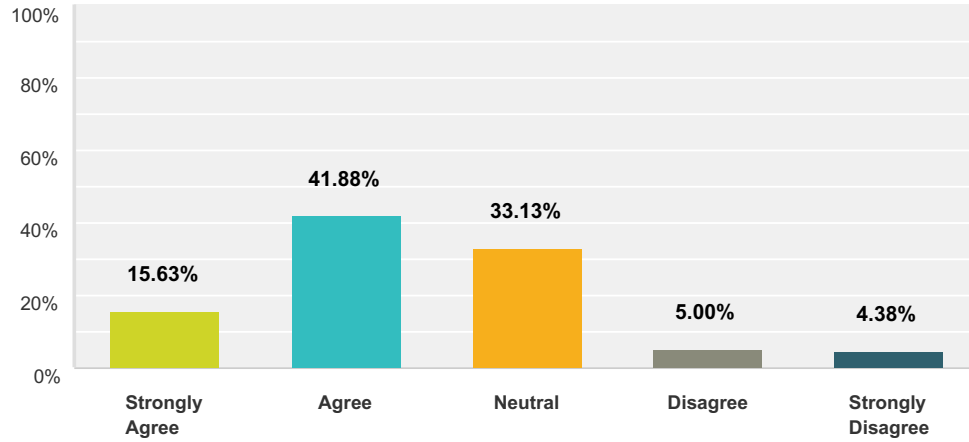
Answered: 160 Skipped: 5



Answer Choices	Responses	
Negative impact	8.13%	13
No impact	30.00%	48
Positive impact	61.88%	99
Total		160

Q15 If your school day started at 8:15 AM and ended at 3:22 PM, would that positively impact your stress level in the morning? (Ability to be productive in the morning)

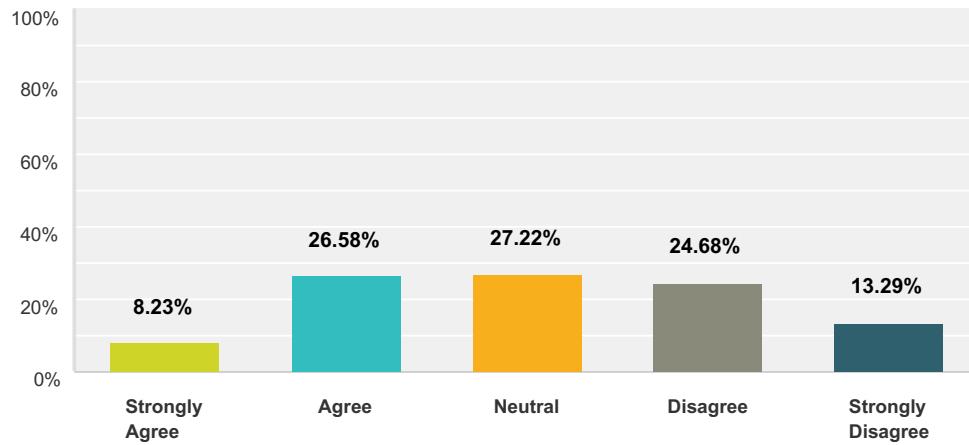
Answered: 160 Skipped: 5



Answer Choices	Responses	
Strongly Agree	15.63%	25
Agree	41.88%	67
Neutral	33.13%	53
Disagree	5.00%	8
Strongly Disagree	4.38%	7
Total		160

Q16 If your school day started at 8:30 AM and ended at 3:37 PM, would that provide you with enough time for academic support prior to the start of extracurricular activities (e.g. sports, clubs, music and arts programs, etc.)?

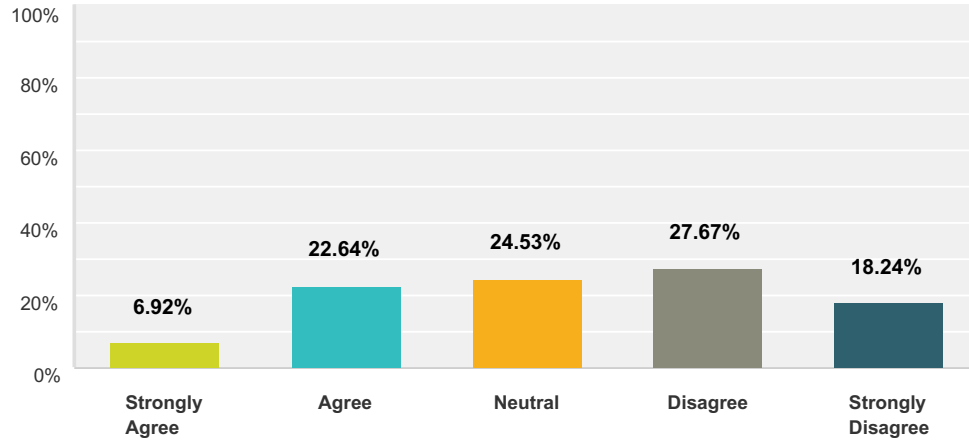
Answered: 158 Skipped: 7



Answer Choices	Responses	
Strongly Agree	8.23%	13
Agree	26.58%	42
Neutral	27.22%	43
Disagree	24.68%	39
Strongly Disagree	13.29%	21
Total		158

Q17 If your school day started at 8:30 AM and ended at 3:37 PM, would that allow you to participate in multiple activities (e.g. clubs, school sports, music and arts programs, non-school activities, etc.)?

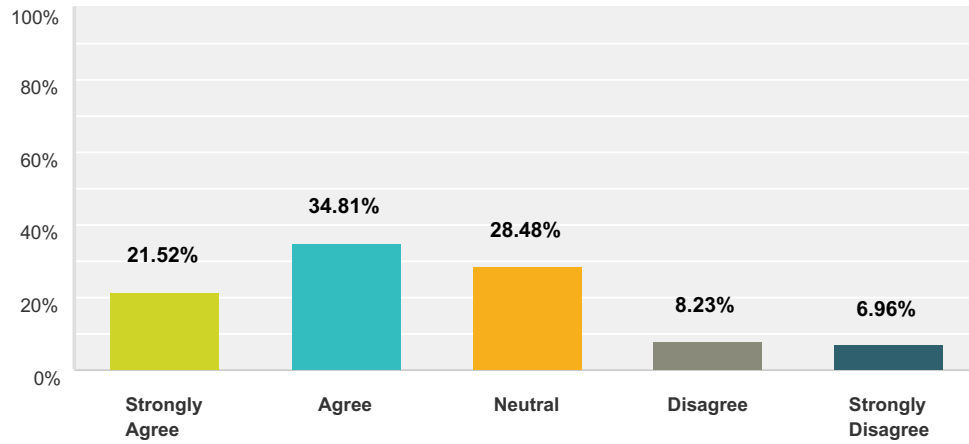
Answered: 159 Skipped: 6



Answer Choices	Responses	
Strongly Agree	6.92%	11
Agree	22.64%	36
Neutral	24.53%	39
Disagree	27.67%	44
Strongly Disagree	18.24%	29
Total		159

Q18 If your school day started at 8:30 AM and ended at 3:37 PM, would that contribute positively to your academic performance in the first two periods of the school day?

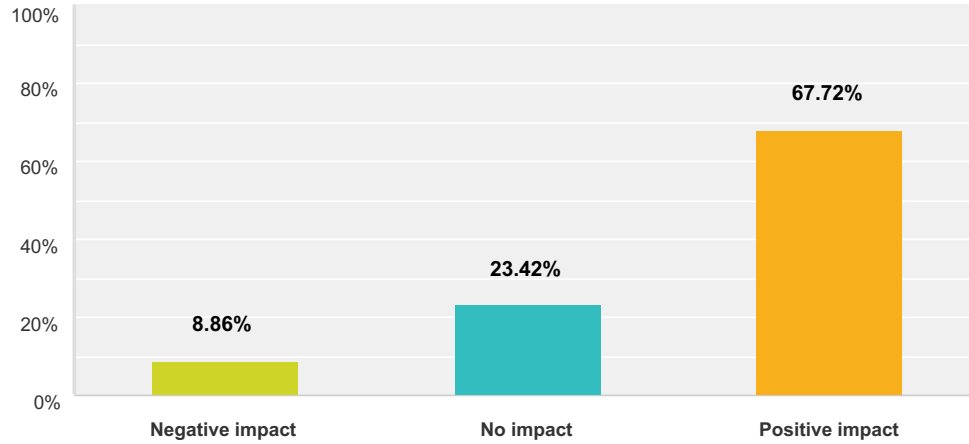
Answered: 158 Skipped: 7



Answer Choices	Responses	
Strongly Agree	21.52%	34
Agree	34.81%	55
Neutral	28.48%	45
Disagree	8.23%	13
Strongly Disagree	6.96%	11
Total		158

Q19 If your school day started at 8:30 AM and ended at 3:37 PM what kind of impact would that have on the quality of sleep you would get?

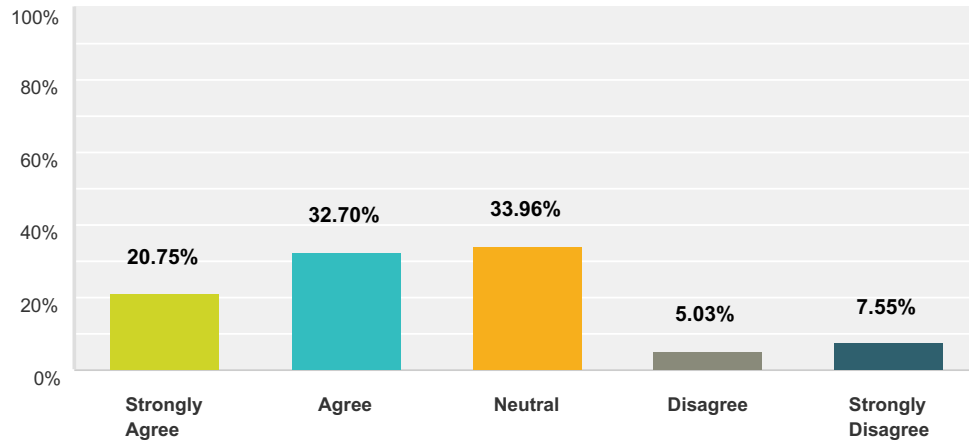
Answered: 158 Skipped: 7



Answer Choices	Responses	
Negative impact	8.86%	14
No impact	23.42%	37
Positive impact	67.72%	107
Total		158

Q20 If your school day started at 8:30 AM and ended at 3:37 PM, would that positively impact your stress level in the morning? (Ability to be productive in the morning)

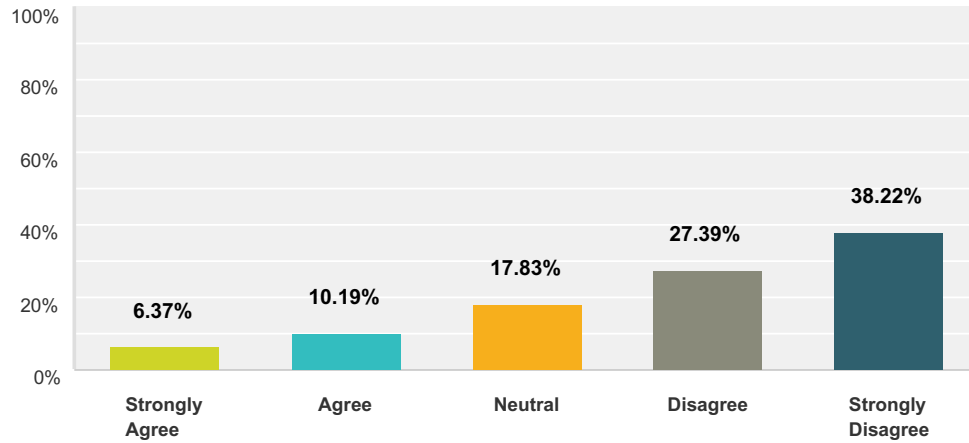
Answered: 159 Skipped: 6



Answer Choices	Responses	
Strongly Agree	20.75%	33
Agree	32.70%	52
Neutral	33.96%	54
Disagree	5.03%	8
Strongly Disagree	7.55%	12
Total		159

Q21 If your school day started at 9:00 AM and ended at 4:07 PM, would that provide you with enough time for academic support prior to the start of extracurricular activities (e.g. sports, clubs, music and arts programs, etc.)?

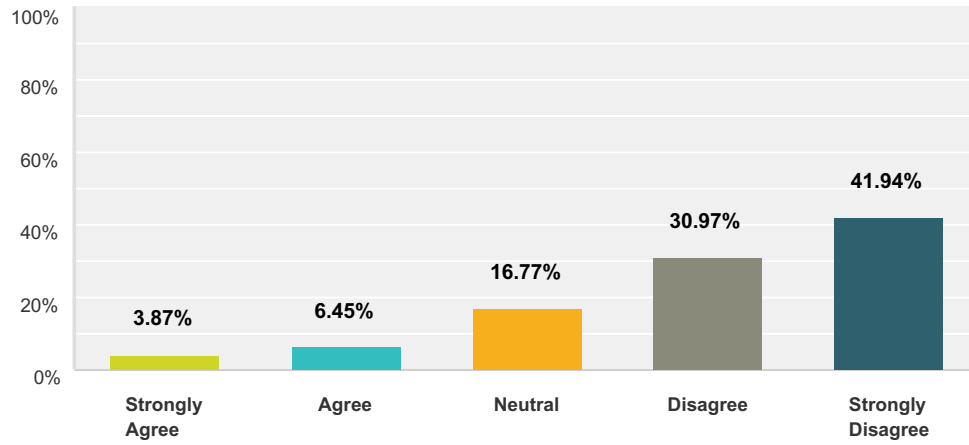
Answered: 157 Skipped: 8



Answer Choices	Responses	
Strongly Agree	6.37%	10
Agree	10.19%	16
Neutral	17.83%	28
Disagree	27.39%	43
Strongly Disagree	38.22%	60
Total		157

Q22 If your school day started at 9:00 AM and ended at 4:07 PM, would that allow you to participate in multiple activities (e.g. clubs, school sports, music and arts programs, non-school activities, etc.)?

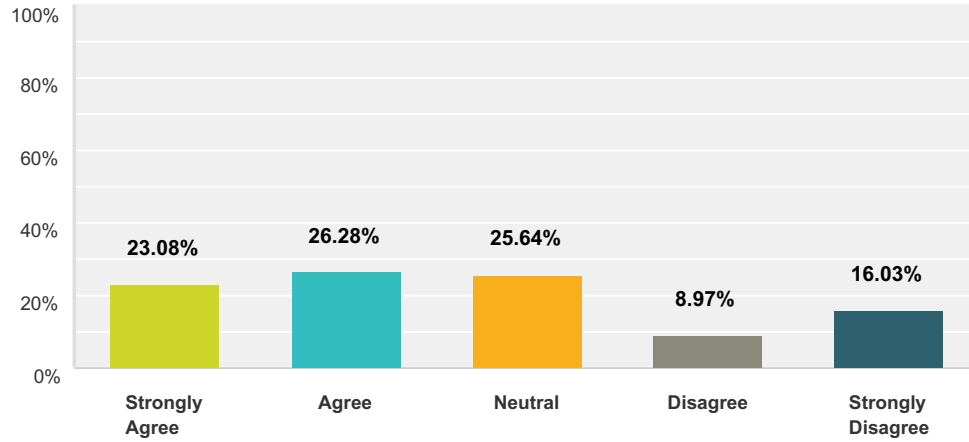
Answered: 155 Skipped: 10



Answer Choices	Responses	
Strongly Agree	3.87%	6
Agree	6.45%	10
Neutral	16.77%	26
Disagree	30.97%	48
Strongly Disagree	41.94%	65
Total		155

Q23 If your school day started at 9:00 AM and ended at 4:07 PM, would that contribute positively to your academic performance in the first two periods of the school day?

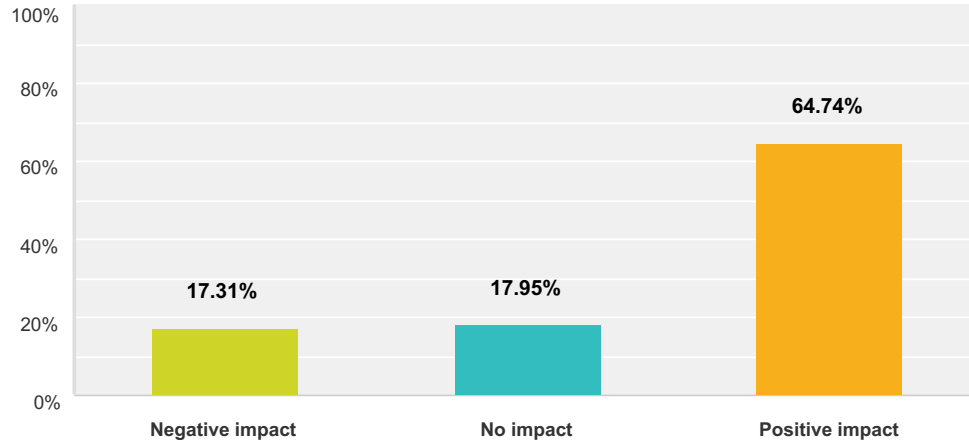
Answered: 156 Skipped: 9



Answer Choices	Responses	
Strongly Agree	23.08%	36
Agree	26.28%	41
Neutral	25.64%	40
Disagree	8.97%	14
Strongly Disagree	16.03%	25
Total		156

Q24 If your school day started at 9:00 AM and ended at 4:07 PM, what kind of impact would that have on the quality of sleep you would get:

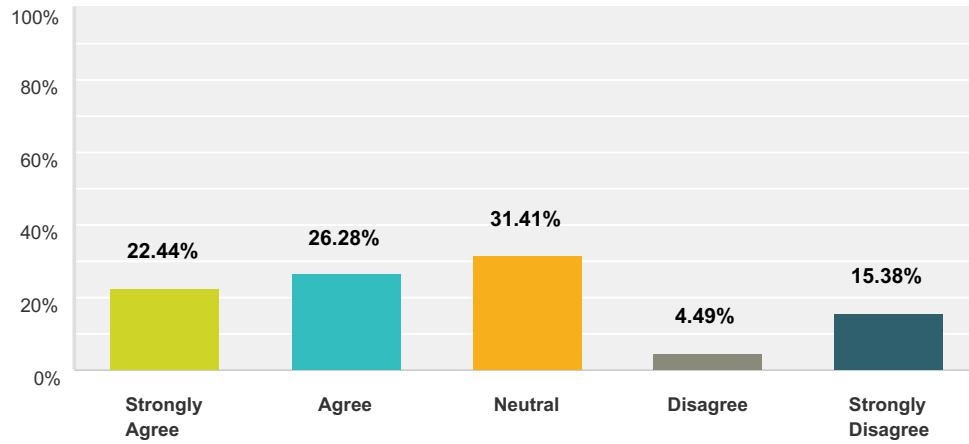
Answered: 156 Skipped: 9



Answer Choices	Responses	
Negative impact	17.31%	27
No impact	17.95%	28
Positive impact	64.74%	101
Total		156

Q25 If your school day started at 9:00 AM and ended at 4:07 PM, would that positively impact your stress level in the morning? (Ability to be productive in the morning)

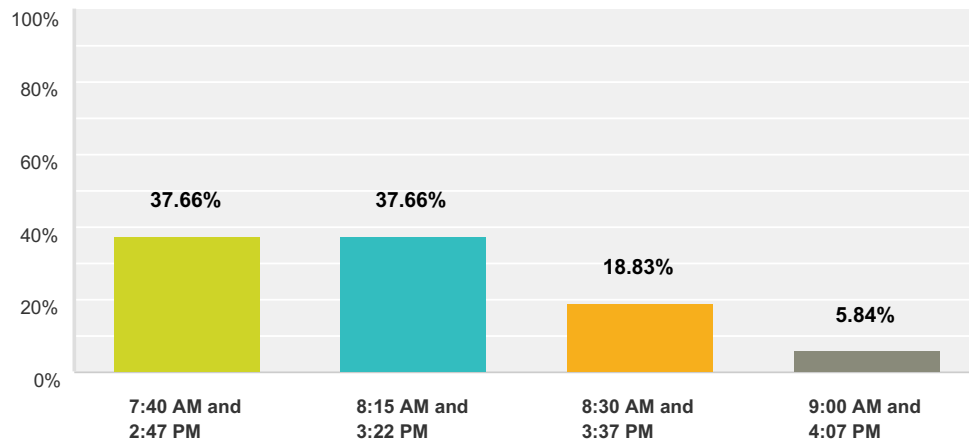
Answered: 156 Skipped: 9



Answer Choices	Responses	
Strongly Agree	22.44%	35
Agree	26.28%	41
Neutral	31.41%	49
Disagree	4.49%	7
Strongly Disagree	15.38%	24
Total		156

Q26 Which school start and end times would you prefer the most?

Answered: 154 Skipped: 11



Answer Choices	Responses	
7:40 AM and 2:47 PM	37.66%	58
8:15 AM and 3:22 PM	37.66%	58
8:30 AM and 3:37 PM	18.83%	29
9:00 AM and 4:07 PM	5.84%	9
Total		154

Brighton Central School District School Start Time Survey for Students

Q27 What would you like to share with the District's School Start Time Committee?

Answered: 99 Skipped: 66

#	Responses	Date
1	Please take into account the effect that later end times have on school sports	1/5/2017 8:10 PM
2	nothing	1/3/2017 10:54 AM
3	Because of school's early start time, I am noticeably tired during the school day, which affects my performance and attention span. On some nights it is impossible for me to get to sleep earlier because of a sports practice which goes until 10, among other things, and I need to wake up at 6:30 or earlier in order to be on time for school. This means that I always get much less sleep than I need, sometimes as little as 7 hours, as compared to the recommended 10 or more hours. If school started an hour and twenty minutes later, it would help me and many other students get a healthier amount of sleep. Yes, sports would go later, maybe leaving less time for homework, but being better rested would help students concentrate better and allow them to complete their homework faster, and maybe they would do better on it than they would otherwise. All in all, moving school's start time forward, preferably by over an hour, would make a positive difference in the health and performance of students, and I hope to see such a thing implemented soon. Thank you!	1/3/2017 10:28 AM
4	I think that the times should start at 8:30 and end at 2:50.	1/2/2017 6:06 PM
5	i never get enough sleep as it is, and with my bus coming at 6:55 and me having to get up at 6:00 or earlier, i sometimes dont get any sleep at all when i do my homework. i can never focus in the morning because im so exhausted.	12/25/2016 9:43 AM
6	We start school much too early. As some might say that the later we end school, the later we will go to bed, i do not believe that is true. I think that student will go to bed at the same time either way, because after homework is finished, student will make their decisions on what to do based on the time. Also, students who walk to school especially, but for all students, i believe that it is not okay for kids to be walking to school when it is still dark out, and even for parents to be driving their kids to school when its dark. Students can't do their best when they start school before the sun rises on some days. A start time of 8:15 or 8:30 would greatly benefit the amount of sleep, quality of sleep, and grades that students get (especially in the first 2 periods of the day)	12/23/2016 10:49 AM
7	i have nothing in mind	12/22/2016 10:26 PM
8	i would like if time would end at the same time so sport activities would be at the same time	12/22/2016 12:55 PM
9	I would like school to start later but i also want us to still be able to leave at 2:39 or somewhere around 2:00	12/22/2016 12:54 PM
10	i like the regular times	12/22/2016 12:51 PM
11	i think 7:40 is way to arly to start especially if we get a lot of hw we stay up late athen have to wake up really early	12/22/2016 12:51 PM
12	I don't like being at home in the morning	12/22/2016 12:48 PM
13	I struggle w taying awake in the periods before lunch, because I don't have enough time to sleep. Plese, I feel this would positively affect my mood and my academic skills	12/22/2016 12:45 PM
14	We should have field house for soprts teams	12/22/2016 11:03 AM
15	Mabye take out one period and start mabye around 8:00	12/22/2016 11:03 AM
16	nothing	12/22/2016 11:02 AM
17	If it ain't broke, don't fix it.	12/22/2016 11:00 AM
18	If it ain't broke, don't fix it.	12/22/2016 11:00 AM
19	im not crazy about ending that late, but it would be nice to start later so i can get more sleeo and be more awake in the morning.	12/22/2016 10:59 AM
20	make the time later but get rid of 10th period as it is useless and just for teachers to annoy the hell out of you, also leave the late bus changes so that we have more time for clubs. Also there are probably a bunch of other things that I cant think of right now so.... :P	12/22/2016 10:59 AM
21	Don't change the time	12/22/2016 10:59 AM

Brighton Central School District School Start Time Survey for Students

22	If it were to change it would just shift the sleep schedual. it doesnt actually shorten the school day. it just makes it so kids will think they can stay up later and then they will get less sleep. This is just my opinion, but thank you for your time	12/22/2016 10:58 AM
23	the younger kids should start at the early times and the older kids should start at the later times	12/22/2016 10:58 AM
24	That we should start later in the day	12/22/2016 10:56 AM
25	between 2 out f school sports and school sports i wont havw any time to get homework done if we ended any later then we already do	12/22/2016 10:55 AM
26	Starting the school day at 8:15 would allow me and other students to wake up on a normal schedule and still allow us to participate in after school activites adn compititions.	12/22/2016 10:54 AM
27	I do not care what time I have to go to school, nor do I care what time I have to leave.	12/22/2016 10:54 AM
28	i feel that the start times we have now allow us to di many after school activities and wont let us get home too late.	12/22/2016 10:52 AM
29	...	12/22/2016 10:52 AM
30	i think that the current start and end time are the best.	12/22/2016 10:30 AM
31	If the school day ends really late like 4:07, and then students have sports and clubs after school, it won't be good for students that have a lot of homework.	12/22/2016 10:23 AM
32	Why would we keep tenth period and not just use an after school period for help? The school day will go too late, so it should be like the schedule before tenth period but later.	12/22/2016 9:45 AM
33	Shorten Question Amount and This was a pointless survey im sorry to say that but changeing the times would be bad kids would have no time to do anything after school and they would just stay up later if they gvet up later.	12/22/2016 9:35 AM
34	Nothing. i dont care.	12/22/2016 9:34 AM
35	Starting later and ending later will definitely have a negative impact on students, they have less time to practice sports and relax at home. This may even effect their sleep since they may have to continue their homework into the night, and won't be well-rested in the morning. They may also be tired in the morning, and may feel like sleeping all day	12/22/2016 9:34 AM
36	Improve Tablet Program!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!	12/22/2016 9:34 AM
37	I think starting school just a little bit later would do a lot for me.	12/22/2016 9:33 AM
38	get rid of tenth period	12/22/2016 9:32 AM
39	Making school start later would extinguish all possibilities for after school activities, and making school start later, would make people stay up later. GET RID OF TABLETS	12/22/2016 9:32 AM
40	i have tennis practice at 4:30-7:00 almost every day of the week and a later day won't help me finish all my homework at night and ill have to do it in the morning	12/22/2016 9:32 AM
41	nothing	12/22/2016 9:31 AM
42	I wouldn't like school to start kater because then it would end later and I wouldn't have any time to do anything after school.	12/22/2016 9:31 AM
43	I don't care	12/22/2016 9:30 AM
44	dont change the times. too much that would have to be changed and it would be very confusing. i need tme for stuff after school.	12/22/2016 9:28 AM
45	I feel that 10th period is unneccassary and that would help ending school early for students to participate in school sports as well as private activities such as musical lessons etc.	12/22/2016 9:10 AM
46	I need my sleep and am not a morning person.	12/21/2016 7:11 PM
47	If you are going to make the school start time latter, make the teachers give way less homework because I would be staying up too late doing homework.	12/21/2016 5:47 PM
48	let people have enough time of sleep and after school activities	12/21/2016 4:33 PM
49	French Road seems to have the best balance between sleep allowed and homework time upon arrival at home. Because of this, I belive this should be the universal start time for each school in the district.	12/21/2016 3:54 PM
50	i would like a 8:00 am and 3:07	12/21/2016 1:47 PM
51	i dislike tenth period because there is no point to it when you could just stay after school with a teacher and it takes away from homework time because i cant focus in tenth	12/21/2016 1:05 PM

Brighton Central School District School Start Time Survey for Students

52	Nothing	12/21/2016 12:45 PM
53	plz do this	12/21/2016 12:05 PM
54	If the school ended at 4:07 we wouldn't get home from sports until at least 7 which doesn't leave enough time for dinner, homework, studying, or showering without going to bed super late	12/21/2016 11:55 AM
55	The start time should be later but not to late because then you wouldn't be able to do extracurriculars due to time	12/21/2016 11:20 AM
56	I believe that the times now are just fine and do not need to be changed because the times you get home are late even though you start earlier	12/21/2016 11:18 AM
57	If school started later, in Indoor Track you might possibly have to run in the dark on icy sidewalks, which isn't safe at all. Also if the school day starts later, I'll go to bed later anyways due to later extracurricular activities and HW.	12/21/2016 11:17 AM
58	Please don't switch the times	12/21/2016 11:12 AM
59	It's fine the way the system already works.	12/20/2016 4:28 PM
60	i don't want the day to start to late but i don't want it to start too early	12/20/2016 1:35 PM
61	i like the times	12/20/2016 1:34 PM
62	i like tcms times	12/20/2016 1:33 PM
63	nothing	12/20/2016 1:32 PM
64	pls no skool	12/20/2016 1:28 PM
65	give less homework	12/20/2016 1:28 PM
66	If the time I selected gets prompted in I believe that we should cut sports study hall to 7 minutes so that our practice can still begin at 3:30 ish.	12/20/2016 1:27 PM
67	4:07 would be to late of end time	12/20/2016 1:26 PM
68	i like pe time because i have time, after practice to do what i want	12/20/2016 1:25 PM
69	it would be okay that it starts at 8:15 if there was no sports studyhall	12/20/2016 1:24 PM
70	10th period should be optional	12/20/2016 1:24 PM
71	10 should be optional	12/20/2016 1:24 PM
72	I am tired in the morning, but any later end time would cut into our academic and exrta curricular time	12/20/2016 1:24 PM
73	8:30-3:37 is the best schedule in my opinion	12/20/2016 1:23 PM
74	i am very pleased with our current times an would not want to change it	12/20/2016 1:23 PM
75	I would like to keep it at 7:40-2:47	12/20/2016 1:21 PM
76	tcms has a good time start and end	12/20/2016 1:21 PM
77	It's hard for a lot of 8th graders to get to sleep at night, and having such an early start time really effects sleep time and academic performance. A later start time would really help.	12/20/2016 1:21 PM
78	Because if we get off of school later we have little time to do homework then we stay all night tofinish it(including sports)	12/20/2016 12:13 PM
79	Since I play a sport after school, a later start time would effect the time I get home in the afternoon. With a later start time I would not have as much time for homework and other activities outside of school. My sleep would also be effected by this because by doing homework later than usual, I would go to sleep later therefore decreasing my performance in the early hours of the school day.	12/20/2016 11:02 AM
80	nothing	12/20/2016 11:00 AM
81	although later start times may be beneficial to kids who dont do sports, kids who do sports and clubs will suffer greatly. already, students who participate in sports after school get home late and have close to no time to do homework. this is even worse for kids who do sports at night and have to travel to practice. they would only have a few minutes between getting home and getting ready for practice to do homework.	12/20/2016 10:56 AM
82	I feel like starting school slightly later would help kids focus. It would not affect sports schedules there would just be no sports studyhall. Clubs could happen before school.	12/20/2016 10:54 AM
83	With this time people could get more sleep in the morning and even get right to class on time or even before school started	12/20/2016 10:53 AM

Brighton Central School District School Start Time Survey for Students

84	I think that pushing the start time back will really help the amount of sleep stuents are getting but it might be harder to include after school activities	12/20/2016 10:53 AM
85	An earlier start time would be nice, because it would allow for more sleep and more time in the morning before school. The only problem might be a later end time, because people who participate in clubs or sports wouldn't get home until much later.	12/20/2016 10:53 AM
86	Middle School and High School students need as much sleep as possible, so a later start time would be great for the success and stress levels of students. But if the days end later, then there would be less time for sports and after school activities, but I think that we all need a later school day start.	12/20/2016 10:52 AM
87	if you have later start time you should get rid of sports studie hall so that kids who did sports could get home at the same time as they do now	12/20/2016 10:51 AM
88	i believe that starting later in the day will be a positive impact for teenagers. a lot of teenagers tend to stay up later in the night so waking up early can be really hard to focus. (especially in pe morning) by starting school later in the day, i believe will fix this problem.	12/20/2016 10:51 AM
89	make the day a bit shorter	12/20/2016 10:50 AM
90	i think that either the 8:30 or 8:15 would be best for high school or middle school kids because we need more time to sleep in so we can preform well in our classes but if we start at 9, it will be harder to participate in after school extra curricular activites or to get extra help from teachers after school.	12/20/2016 10:50 AM
91	a start and end time around 8am and 3pm would be good	12/20/2016 10:50 AM
92	I personally cannot get to sleep before 11pm and I have to wake up and 5AM for enough time to get ready. I would benefit very strongly from having a later start time because the lack of sleep worsens my already existing mental health issues causing it to be difficult (and almost impossible) to complete my school work. Second of all, I am extremely tired during the school day causing me to not be able to focus properly during class. Third of all, it is scientifically proven that teenage brains function the best after 10AM, and our current start time is way before that. And lastly most adults get home from work at 5-6. Having parents getting home only an hour or two after their children allows appointments to be easier to manage (I personally have 2-4 appointments a week that get scheduled right after school ends, causing my parents to miss a lot of work) and it allows children to spend more time with their parents. I understand that sports would end very late and completing work will be difficult, but for me the benefits outway that fact. Thank you for listening and I hope you consider having a later start time! :)	12/20/2016 10:50 AM
93	i just want more sleep so i can be more productive in classes such as gym and Spanish which i have my first few periods of the day	12/20/2016 10:48 AM
94	The start time should preferably start late enough to get enough sleep, but people still want to be able to do multiple activities. I'm on a sports team outside of school and I want to be there on time, but I also want to be able to participate in afterschool activities. My practice on most days last until 9:00 pm and I don't usually get home until 9:30 because it's in Penfield. I still need time to do homework and eat dinner.	12/20/2016 10:48 AM
95	I don't usually participate in after-school activities other than TCMS's musical, so, for most of the year, I would love a later school start. However, at the time of the musical, if the option I chose in question #26 was put into effect, rehearsals would probably go until 6 pm instead of 5 pm, meaning that I wouldn't have much time for homework.	12/20/2016 10:48 AM
96	I do like the idea of extra sleep but I also like having enough time in the afternoon to do extracirricular activities and have time to do my homework before it gets too late.	12/20/2016 10:46 AM
97	Everyone wants more sleep but its just they dont know how it will interfere with sports	12/20/2016 10:45 AM
98	please keep sports study hall if the time does change	12/20/2016 10:45 AM
99	Early start times prepare us for Jobs when we are adults. Also don't fix something that isn't broken	12/20/2016 10:44 AM